
Cheap tokens. Expensive work?

What does an accepted AI-assisted result really cost?

Use authorised information. Keep personal records in your own controlled workspace.

Period and attempted tasks

Acceptance rule and accepted count

Model and tool charges

Allocated infrastructure

Preparation, review and rework

Fixed setup costs and exclusions

Comparison with the existing workflow

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Cheap tokens. Expensive work? · [Web edition](#)

Use the example. Then test your own.

INVENTED TEACHING EXAMPLE

$\text{£80 total} \div 80 \text{ accepted tasks} = \text{£1 per accepted task}$

Illustrative assumptions: £12 model/tools; £8 infrastructure; 120 review minutes at £30/hour, giving £60 review cost. Total £80. Of 100 attempted drafts, 80 are accepted. Cost per accepted task is $\text{£80}/80 = \text{£1}$. Setup and rejected-task recovery are excluded unless added. With zero accepted tasks the ratio is undefined.

Before treating this as evidence

Record the real inputs, source version and acceptance rules. Compare observed outcomes with the requirement. Keep unknowns and failure consequences visible.

What did you observe?

What remains unknown?

What will you do next—and who owns it?

Method and references: [the web edition's sources and scope](#). This is a practical editorial worksheet, not a certification or validated assessment instrument.